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| **Symptom/behaviour** | **Date** | **Situation in which this occurred** | **Was there a trauma reminder? If so, what was it?** | **Did anything help?** |
| *e.g., Tearful* | *17/05/23* | *Was asked to get into a car before school* | *Car was a potential reminder of the accident* | *Taking some time to calm down, reassurance that she is safe.* |
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